



Volunteering as an On-Ice Helper

We understand that each year more and more players are interested in volunteering within the KDMHA hockey program. And that some of these volunteers are young adults wanting to collect high school volunteer hours, and/or are looking to take on a different role within hockey. It has become evident in recent years that older Minor Hockey players as well as Junior Hockey Players partake in practices with teams of lower divisions to assist and volunteer within their association.

With this change in role – moving from player to volunteer helper – Associations and Leagues are faced with many questions. How old should they be? What equipment is required to wear? What training do they require? Etc.

To provide guidance to our members, while ensuring safe opportunities for our young “helpers”, please utilize the following. It is also important to stress, that team officials are to utilize sound judgment when selecting a young person as an on-ice helper. These decisions must be made from a developmental and supportive perspective. We want these “helpers” to provide assistance to the other team officials, while gaining knowledge and experience of a teaching type role. This is not designed as an opportunity for players to get extra ice time.

- Players that volunteer must be either; a “registered” member of KDMHA, or a Junior Hockey League, or an on-ice official. This ensures that the insurance coverage has been secured.
- Players may volunteer with a team during practices. They may only be demonstrators/helpers and are not to partake in any scrimmages as a player would.
- Players that volunteer must be at minimum, two age division higher than the team which they are volunteering with. And are not permitted to volunteer as an on-ice helper, with a team at the same or higher division.
- Players that volunteer must wear full hockey gear.
- Players, who are not registered team officials, and who are 14 years of age or older are required to complete the Speak-Out Program.